



Relationship and Health Education 2020 - 2023

Parent withdrawal form

Non-Statutory topics that you can withdraw your child from
<p><u>Sex Education</u></p> <ul style="list-style-type: none"> • Reproduction

Statutory topics that you can not withdraw your child from
<u>Health Education</u>
<ul style="list-style-type: none"> • Physical health and fitness <ul style="list-style-type: none"> • Basic first aid • Changing adolescent body (including puberty & menstruation) <ul style="list-style-type: none"> • Mental wellbeing • Internet safety and harms <ul style="list-style-type: none"> • Healthy eating • Drugs, alcohol and tobacco <ul style="list-style-type: none"> • Health and prevention
<u>Relationships Education</u>
<ul style="list-style-type: none"> • Families and people who care about me (including different types of families) <ul style="list-style-type: none"> • Caring friendships <ul style="list-style-type: none"> • Being safe • Respectful relationships • Online relationships
<u>National Curriculum Science (RHE related topics)</u>
<p>Year 1: The basic parts of the human including head, neck, arms, elbows, legs, knees, face, ears, eyes, hair, mouth, teeth.</p> <p>Year 2: Notice that animals, including humans, have offspring which grow into adults.</p> <p>Year 2: The importance of exercise, eating the right amounts of different types of food, and hygiene.</p> <p>Year 3: The importance of eating the right types and amount of food.</p> <p>Year 5: Reproduction in some plants and animals.</p> <p>Year 5: The changes as humans develop to old age.</p> <p>Year 6: The impact of diet, exercise, drugs and lifestyle on the way their bodies function.</p> <p>Year 6: Recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents.</p>



Appendix 4

To be completed by parents	
Date:	
Name of child and Class	
Which non-statutory lessons would you like your child to be withdraw from?	
Reason from withdrawing from lessons:	
Any other information you would like the school to consider:	
Parent Signature	

To be completed by the school	
Agreed actions after discussion with parents and Headteacher:	
Head Teacher signature: (Approving withdrawal)	