



**Week Commencing: 05/09, 26/09, 17/10, 07/11, 28/11, 09/01, 30/01**



Week 1	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main 1</b>	Home Baked Cheese & Tomato Pizza with Garlic Potatoes <b>(G, M)</b>	Beef Cottage Pie	Roast Chicken served with Roast Potatoes & Gravy <b>(G)</b>	Lamb Curry served with Sunshine Rice	Fish of the Day served with Oven Baked Chips <b>(F, G)</b>
<b>Main 2 - Halal</b>	Home Baked Cheese & Tomato Pizza with Garlic Potatoes <b>(G, M)</b>	Halal Beef Cottage Pie	Halal Roast Chicken served with Roast Potatoes & Gravy <b>(G)</b>	Halal Lamb Curry served with Sunshine Rice	Fish of the Day served with Oven Baked Chips <b>(F, G)</b>
<b>Vegetarian Main</b>	Chickpea, Cauliflower & Sweet Potato Curry with Basmati Rice	Mexican Bean Burrito <b>(G,M)</b>	Roast Quorn served with Roast Potatoes & Gravy <b>(E,M,G)</b>	Singapore Noodles with Tofu <b>(E,S)</b>	Cheese & Tomato Pasta <b>(G, M)</b>
<b>Jacket Potato</b>	Jacket Potato topped with Tuna Mayonnaise <b>(E,F)</b> Cheese <b>(M)</b> or Baked Beans	Jacket Potato topped with Tuna Mayonnaise <b>(E,F)</b> Cheese <b>(M)</b> or Baked Beans	Jacket Potato topped with Tuna Mayonnaise <b>(E,F)</b> Cheese <b>(M)</b> or Baked Beans	Jacket Potato topped with Tuna Mayonnaise <b>(E,F)</b> Cheese <b>(M)</b> or Baked Beans	Jacket Potato topped with Tuna Mayonnaise <b>(E,F)</b> Cheese <b>(M)</b> or Baked Beans
<b>Vegetables</b>	Peppers Sweetcorn Daily Salad Choice	Cauliflower Green Beans Daily Salad Choice	Carrots Garden Peas Daily Salad Choice	Sweetcorn Broccoli Daily Salad Choice	Garden Peas Baked Beans Daily Salad Choice
<b>Sandwich of the day</b>	Tuna Mayonnaise Baguette <b>(F, E, G)</b>	Turkey Sandwich on Wholemeal Bread <b>(M, G)</b>	Egg Bap <b>(E, G)</b>	Salmon & Cucumber Sandwich <b>(F,M,G)</b>	Cheese Bap <b>(M,G)</b>
<b>Dessert</b>	Fruit Smoothie	Sticky Toffee Pudding with Custard <b>(E,M,G)</b>	Chocolate Rice Krispy Cake Cakes <b>(G,M)</b>	Crunchy Oaty Biscuit <b>(G)</b>	Fruit Jelly Pot

*Fresh Fruit, Cheese and Crackers and Fruit Yoghurt are served Daily*



**Allergy Information - G=Gluten, E=Egg, M=Milk, C=Celery, CR=Crustaceans, MU=Mustard, SS=Sesame, L=Lupin, F=Fish, P=Peanuts, N=Nuts, S=Soya, SD=Sulphur Dioxide, MO=Mollusc**





**Week Commencing: 12/09, 03/10, 14/11, 05/12, 16/01, 06/02**



Week 2	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main 1</b>	Home Baked Cheese & Tomato Pizza with Garlic Potatoes <b>(G, M)</b>	Cajun Chicken Burger Served with Potato Wedges <b>(G)</b>	Roast Beef Served with Roast Potatoes and Gravy	Lamb Hot Pot With Layered Potato Top	Fish of the Day served with Oven Baked Chips <b>(F, G)</b>
<b>Main 2 - Halal</b>	Home Baked Cheese & Tomato Pizza with Garlic Potatoes <b>(G, M)</b>	Halal Cajun Chicken Burge Served with Potato Wedges <b>(G)</b>	Halal Roast Beef Served with Roast Potatoes and Gravy	Halal Lamb Hot Pot With Layered Potato Top	Fish of the Day served with Oven Baked Chips <b>(F, G)</b>
<b>Vegetarian Main</b>	Lentil Dhal With Basmati Rice	Macaroni Cheese <b>(G,M)</b>	Roast Quorn with Roast Potatoes <b>(E, M)</b>	Vegan Cumberland Sausage and Mash with Onion Gravy <b>(G)</b>	Quorn Burger served with Oven Baked Chips <b>(E,M,G)</b>
<b>Jacket Potato</b>	Jacket Potato topped with Tuna Mayonnaise <b>(E,F)</b> Cheese <b>(M)</b> or Baked Beans	Jacket Potato topped with Tuna Mayonnaise <b>(E,F)</b> Cheese <b>(M)</b> or Baked Beans	Jacket Potato topped with Tuna Mayonnaise <b>(E,F)</b> Cheese <b>(M)</b> or Baked Beans	Jacket Potato topped with Tuna Mayonnaise <b>(E,F)</b> Cheese <b>(M)</b> or Baked Beans	Jacket Potato topped with Tuna Mayonnaise <b>(E,F)</b> Cheese <b>(M)</b> or Baked Beans
<b>Vegetables</b>	Garden Peas Sweetcorn Daily Salad Choice	Carrots Green Beans Daily Salad Choice	Broccoli Red Cabbage Daily Salad Choice	Sweetcorn Cauliflower Daily Salad Choice	Garden Peas Baked Beans Daily Salad Choice
<b>Sandwich of the day</b>	Tuna Mayonnaise Baguette <b>(F, E, G)</b>	Cheese Sandwich on Wholemeal Bread <b>(M, G)</b>	Chicken Mayonnaise Wrap <b>(E, G)</b>	Egg Mayonnaise Bap <b>(E, G)</b>	Salmon and Cucumber Roll <b>(F, E,G)</b>
<b>Dessert</b>	Rhubarb Crumble & Custard <b>(G, M)</b>	Lemon Drizzle Cake <b>(E,M,G)</b>	<b>Fruit Jelly Pot</b>	Jam & Coconut Sponge <b>(E, G)</b>	Vanilla Ice cream <b>(M)</b>
<i>Fresh Fruit, Cheese and Crackers and Fruit Yoghurt are served Daily</i>					



**Allergy Information - G=Gluten, E=Egg, M=Milk, C=Celery, CR=Crustaceans, MU=Mustard, SS=Sesame, L=Lupin, F=Fish, P=Peanuts, N=Nuts, S=Soya, SD=Sulphur Dioxide, MO=Mollusc**





**Week Commencing: 19/09, 10/10, 31/11, 21/11, 12/12, 02/01, 23/01, 13/02**



Week 3	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main 1</b>	Home Baked Cheese & Tomato Pizza with Garlic Potatoes <b>(G, M)</b>	Chicken & Leek Pie with Mashed Potato <b>(M, G)</b>	Roast Chicken Served with Roast Potatoes and Gravy	Beef Chilli Con Carne Served with Rice	Fish of the Day served with Oven Baked Chips <b>(F, G)</b>
<b>Main 2 - Halal</b>	Home Baked Cheese & Tomato Pizza with Garlic Potatoes <b>(G, M)</b>	Halal Chicken & Leek Pie with Mashed Potato <b>(M,G)</b>	Halal Roast Chicken Served with Roast Potatoes and Gravy	Halal Beef Chilli Con Carne Served with Rice	Fish of the Day served with Oven Baked Chips <b>(F, G)</b>
<b>Vegetarian Main</b>	Pepper & Sweetcorn Pasta	Vegetable Chilli Taco's <b>(G,C)</b>	Roast Quorn with Roast Potatoes and Gravy <b>(E, M)</b>	Cauliflower and Broccoli Cheese Bake <b>(G, M)</b>	Quorn Nuggets served with Oven Baked Chips <b>(E,M,G)</b>
<b>Jacket Potato</b>	Jacket Potato topped with Tuna Mayonnaise <b>(E,F)</b> Cheese <b>(M)</b> or Baked Beans	Jacket Potato topped with Tuna Mayonnaise <b>(E,F)</b> Cheese <b>(M)</b> or Baked Beans	Jacket Potato topped with Tuna Mayonnaise <b>(E,F)</b> Cheese <b>(M)</b> or Baked Beans	Jacket Potato topped with Tuna Mayonnaise <b>(E,F)</b> Cheese <b>(M)</b> or Baked Beans	Jacket Potato topped with Tuna Mayonnaise <b>(E,F)</b> Cheese <b>(M)</b> or Baked Beans
<b>Vegetables</b>	Garden Peas Sweetcorn Daily Salad Choice	Carrots Green Beans Daily Salad Choice	Cabbage Cauliflower Daily Salad Choice	Sweetcorn Broccoli Daily Salad Choice	Garden Peas Baked Beans Daily Salad Choice
<b>Sandwich of the day</b>	Tuna Mayonnaise Baguette <b>(F, E, G)</b>	Salmon & Cumber Sandwich on Wholemeal Bread <b>(M, G)</b>	Egg Mayonnaise Bap <b>(E,M,G)</b>	Chicken Mayonnaise Wrap <b>(E, M,G)</b>	Cheese Bap <b>(G,M)</b>
<b>Dessert</b>	Banoffee Pie <b>(G, M)</b>	Chocolate Fudge Cake <b>(G,E)</b>	Fresh Fruit Salad with Cream <b>(M)</b>	Orange Blondies <b>(G)</b>	Fruit Smoothie
<i>Fresh Fruit, Cheese &amp; Crackers &amp; Fruit Yoghurt served Daily</i>					



**Allergy Information - G=Gluten, E=Egg, M=Milk, C=Celery, CR=Crustaceans, MU=Mustard, SS=Sesame, L=Lupin, F=Fish, P=Peanuts, N=Nuts, S=Soya, SD=Sulphur Dioxide, MO=Mollusc**

