

PE at Claycots

Claycots Primary School



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Our PE Team

Mr Hicks - PE Lead

Mr Breen - PE Coach

Mr Hinder - PE Coach

Miss Lunn - PE Coach

Miss Tribe - PE Coach

Miss Weatherley-Bates - PE Coach



Subject Intent

At Claycots we believe all children should have access to a high-quality Physical Education curriculum and PE should be an integral part of the whole school curriculum. Our School recognises the benefits of a high-quality PE provision and what school sport can give to all pupils.

Our vision for Physical Education and Sport is that every child should have the opportunity to take part in physical activity on a regular basis and become more physically confident and competent. We hope that through all the sporting opportunities and physical activity we offer, the children will develop a love and passion for sport and continue this into their later lives.

We do this through fully adhering to the aims of the national curriculum for physical education to ensure that all children develop competence to excel in a broad range of physical activities, children are physically active for sustained periods of time, children engage in competitive sports and activities and lead a healthy active life.



Subject Intent

Through activities and intra-school competitions, we aim to raise the profile of PE and expose our children to sports that they may never have had the opportunity to engage with. Our PE syllabus is based on an enhanced model of the Early Years Framework and the National Curriculum with a clear progression structure from Reception to Year 6. This progression of skills has been planned in order to build on the skills needed to meet the end of Key Stage objectives in the National Curriculum. An imperative element of the curriculum at Claycots shows a need for healthy lifestyles, having a balanced diet, positive growth mind-set and the resilience to persevere to be the best you can be.

At Claycots we strive to achieve excellence in PE, this is shown by the success criteria of, children's activity levels increasing, obesity levels dropping and enjoyment of pupils participation increasing. At Claycots we ensure that all pupils develop physical literacy and the fundamental knowledge and understanding of skills to excel in a wide range of physical activities, by providing a broad and balanced curriculum with opportunities for all. Incorporating our school values, integrity, kindness, respect and curiosity in each lesson which will develop the whole child holistically for the future.



How we teach PE

Physical Education at Claycots is delivered through a broad balanced curriculum based upon the principles of Real PE and specific sports-based coaching. Our curriculum map has been designed to improve the competence and confidence of children throughout their time at Claycots. Key skills from the National Curriculum are mapped out across the school year. Consideration of seasonal weather and space has come into our thinking, with indoor activities suggested for the winter months and outdoor for the summer. We start each year group in term 1 with a topic on Personal Best. We feel this is important to set the culture and philosophy of PE for the coming year.

The key skills within our curriculum have been identified by the PE Leads. The skills give children depth and are transferable across a variety of sports. We deliver a skill through a sport once a week, and Real PE once a week, enabling us to be sure that children get not only a broad range of activities offered to them, but also develop and progress holistically. Real PE allows children to learn the fundamentals through activities and games, with children learning at a speed that is appropriate for them. They take responsibility for their own learning and learn life skills along the way. These include, personal, social, cognitive, creative, physical and health and fitness topics. The differentiated approach allows us to take this into the skills through PE lessons.

Within each lesson, children are given the opportunity to practice skills in a variety of ways and each lesson builds upon the previous skills, allowing time to gain muscle memory and repetition. Different skills are recapped throughout and across the year groups.



How we teach PE

We aim to inspire children to remain active and teach them about healthy, balanced lifestyles. Every class is allocated 2 hours of PE time each week and we encourage active play at other times by providing equipment and games at break time, as well as encouraging all classes to take part in the daily mile using our running track.

Year 5 pupils attend a block of swimming lessons with the aim that by the end of Year 5 all children can swim a minimum of 25m unassisted, competently, confidently and proficiently. These lessons run throughout the whole year, and each class swim for half a term. In the summer term, with our sports premium funding, we identify those pupils who need additional teaching to be able to achieve this goal and we provide 3 weeks of extra swimming for this group.

We offer a wide range of sporting after-school clubs run by our PE staff and external coaches. These clubs provide children with access to different sporting activities and exposure to new sports that they may not have ever heard of or tried before. Each term the after-school clubs change to fit in with the sport that is being taught and the weather conditions.



How we measure progress

We measure progress in PE in a variety of ways, such as:

- Completing termly PE exception reports – identifying which child meets/does not meet, the outcomes of each topic/skill in that term
- Observation in lessons, where we identify those pupils that are achieving well against the shared lesson criteria
- Our curriculum is carefully sequenced, which allows children to progress through each year group and each key stage, so when they leave in Year 6 they are prepared for the transition to secondary school

Enrichment opportunities



We enhance our PE curriculum by ensuring that pupils have access to a wide range of sporting competitions and fixtures. We are a proud member of the Slough School Sport Network and compete in a variety of different sports including football, netball, basketball, orienteering, fencing, badminton, cricket, gymnastics, judo and hockey.

Affiliation to the network provides an opportunity for children and specific CPD for staff. It increases expertise in the PE curriculum and allows opportunities for staff to deliver a high-quality PE provision to the children. Being part of the network allows students to represent the school and experience the culture of competitive sport and sporting festivals by attending the events which take place across the school year.

Enrichment opportunities



- We are extremely proud to have been awarded the School Games Gold award in 2022/23. This recognises the high standard of our PE provision, curriculum and extra-curricular activities that we offer.
- We offer a wide range of extra-curricular clubs throughout the school year, including football, basketball, boxercise, netball, dance, gymnastics, badminton, tennis, multi-sports, cricket, tri-golf, archery and athletics.
- We strongly believe that our PE curriculum enables us to promote and develop the physical, mental and social well being of our children, improving their confidence and resilience and building a culture where every child attempts to be the best they can be.



Enrichment opportunities

Sports Ambassadors

Sports Ambassadors are a group of children that are the voices for their class. There is a Sports Ambassador for each class and they will have a key role in looking at which sports are taught during their PE sessions, which clubs they would like to see run and looking at the provision set out at lunch time and activities for them to do.

These children will be role models to the children and ensure that they are demonstrating the core values on the playground during lunchtimes.

Sports Leaders

The PE team run a Sports Leader programme aimed at children who lack self-esteem and self-confidence, and those enthusiastic about sport and PE in Year 5 and 6. The aim of this programme is for students to build up their confidence through working with a like minded team to develop skills that can support them in the future. Teamwork, listening, creativity and leadership are just a few skills that they will be able to develop throughout their term, in preparation to create and run their own activities during lunch times to the various different year groups.

Visits and experiences



Fencing Festival



Participating in competitions and winning medals!

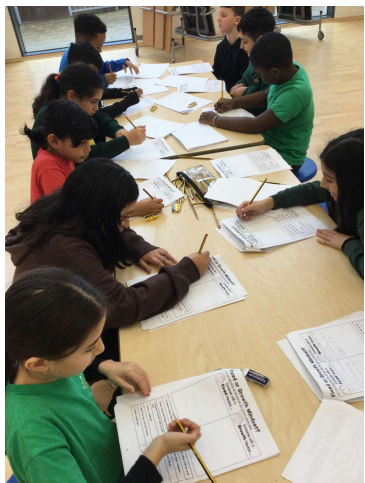
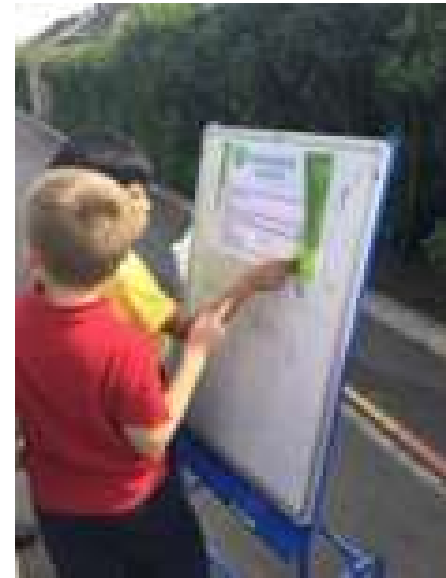



Some of our fabulous football teams!

Visits and experiences



Examples of learning




Claycots Primary School
Sports Mentoring Programme
2022/23

Full Name: _____

Class: _____

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Examples of learning





Pupil voice

What our children say about PE:
Do you enjoy PE ... why ?

"Yes, because it is fun and I can do lots of active things and it helps me improve at things that I like to do like swimming, dancing, gymnastics, running and jumping. The teachers are nice, and they teach me really fun things" –

Arabella Year 2

"I get the chance to express myself and burn more calories and I get refreshed when I go to PE because I can do outdoor activities after my classroom activities. I like the PE teachers because they provide the equipment and give me the best opportunity to be the best I can be" –

Sujit Year 5

"I enjoy PE because you get to have lots of fun and also I get to create my own ideas in dance. I get to play with my friends and try new games"

Alex Year 2

"Yes, I enjoy PE because I learn new things and it's really fun. I like PE because it improves my imagination and keeps me fit and healthy. I enjoy working in a team and discussing points of the lesson for me to improve"

Arnav Year 5