

Claycots School Lunch Menu

Week Commencing: 01/09, 21/09, 12/10, 09/11, 30/11



Week 1	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Home Baked Wholemeal Mozzarella & Tomato Pizza with Garlic Herb Potatoes (G, M)	Paprika Chicken and Roasted Peppers With Wholemeal Pasta (G)	Roast Garlic Lemon and Herb Chicken With Roast Potatoe and Gravy	Loaded Lamb Nachos with Rice (S)	Fish Fingers with Oven Baked Chips (F, G)
Main 2 – Halal	Home Baked Wholemeal Mozzarella & Tomato Pizza with Garlic Herb Potatoes (G, M)	Halal Paprika Chicken and Roasted Peppers Wholemeal Pasta (G)	Halal Garlic Lemon & Herb Roast Chicken with Roast Potato and Gravy	Halal Loaded Lamb Nachos with Rice (S)	Fish Fingers with Oven Baked Chips (F, G)
Vegetarian Main	Cauliflower and Potato Curry with Chapati (G)	Quorn Fajita Burrito (MU,M,G)	Roast Quorn with Roast Potato and Gravy (E, M)	Mozzarella and Pesto Wholemeal Pasta Bake (G, M)	Quorn Frankfurter with Oven Baked Chips (G,E)
Jacket Potato	Jacket Potato topped with Tuna Mayonnaise (F) Cheese (M) or Baked Beans	Jacket Potato topped with Tuna Mayonnaise (F) Cheese (M) or Baked Beans	Jacket Potato topped with Tuna Mayonnaise (F) Cheese (M) or Baked Beans	Jacket Potato topped with Tuna Mayonnaise (F) Cheese (M) or Baked Beans	Jacket Potato topped with Tuna Mayonnaise (F) Cheese (M) or Baked Beans
Vegetables	Sweetcorn Mixed Peppers Daily Salad Choice	Cauliflower Broccoli Daily Salad Choice	Red Cabbage Peas Daily Salad Choice	Runner Beans Baby Carrots Daily Salad Choice	Baked Beans Peas Daily Salad Choice
Sandwich of the day	Tuna and Sweetcorn Pitta Pocket (F, G)	Cheese and Tomato Wholemeal Roll (G, M)	Free Range Egg Mayonnaise Baguette (E, G)	Salmon and Cucumber Wholemeal Roll (F, G)	Cream Cheese and Cucumber Wholemeal Roll (M, G)
Dessert	Fresh Fruit, Fruit Yoghurt, Crackers and Cheese (M, G)	Fresh Fruit, Fruit Yoghurt, Crackers and Cheese (M, G)	Fresh Fruit, Fruit Yoghurt, Crackers and Cheese (M, G)	Fresh Fruit, Fruit Yoghurt, Crackers and Cheese (M, G)	Fruit Smoothie, Fresh Fruit, Fruit Yoghurt, Crackers and Cheese (M, G)

Allergy Information - G=Gluten, E=Egg, M=Milk, C=Celery, CR=Crustaceans, MU=Mustard, SS=Sesame, L=Lupin, F=Fish, P=Peanuts, N=Nuts, S=Soya, SD=Sulphur Dioxide, MO=Mollusc

Claycots School Lunch Menu

Week Commencing: 07/09, 28/09, 19/10, 16/11, 07/12



Week 2	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Home Baked Wholemeal Mozzarella & Tomato Pizza with Garlic Herb Potatoes (G, M)	Cajun Chicken Burger with Sweet Potato Wedges (G)	Minted Garlic and Rosemary Roast Lamb with Roast Potatoes and Gravy	Turkey Bolognese (G)	Fish Fingers with Oven Baked Chips (F, G)
Main 2 – Halal	Home Baked Wholemeal Mozzarella & Tomato Pizza with Garlic Herb Potatoes (G, M)	Halal Cajun Chicken Burger with Sweet Potato Wedges (G)	Halal Minted Garlic and Rosemary Roast Lamb with Roast Potatoes and Gravy	Halal Turkey Bolognese (G)	Fish Fingers with Oven Baked Chips (F, G)
Vegetarian Main	Cheesy Aubergine and Potato Bake (M)	Chickpea, Tomato & Basil Wholemeal Pasta (G, M)	Roast Quorn with Roast Potatoes and Gravy (E, M)	Macaroni Cheese (G, M)	Cheese and Tomato Five Bean Pasty with Salad (G, M)
Jacket Potato	Jacket Potato topped with Tuna Mayonnaise (E, F) Cheese (M) or Baked Beans	Jacket Potato topped with Tuna Mayonnaise (F) Cheese (M) or Baked Beans	Jacket Potato topped with Tuna Mayonnaise (F) Cheese (M) or Baked Beans	Jacket Potato topped with Tuna Mayonnaise (F) Cheese (M) or Baked Beans	Jacket Potato topped with Tuna Mayonnaise (F) Cheese (M) or Baked Beans
Vegetables	Peppers Sweetcorn Daily Salad Choice	Sweetcorn Green Beans Daily Salad Choice	Green Cabbage Sliced Carrots Daily Salad Choice	Green Beans Broccoli Daily Salad Choice	Garden Peas Baked Beans Daily Salad Choice
Sandwich of the day	Salmon & Cucumber Roll (G, F)	Egg & Tomato Roll (E, M, G)	Tuna Roll (F, G)	Chicken and Salad Roll (G)	Cheese & Cucumber Roll (G, M)
Dessert	Fresh Fruit, Fruit Yoghurt, Crackers and Cheese (M, G)	Fresh Fruit, Fruit Yoghurt, Crackers and Cheese (M, G)	Fresh Fruit, Fruit Yoghurt, Crackers and Cheese (M, G)	Fresh Fruit, Fruit Yoghurt, Crackers and Cheese (M, G)	Fruit Smoothie, Fresh Fruit, Fruit Yoghurt, Crackers and Cheese (M, G)

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Claycots School Lunch Menu

Week Commencing: 14/09, 05/10, 02/11, 23/11, 14/12



Week 3	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Home Baked Wholemeal Mozzarella & Tomato Pizza with Potato Wedges (G, M)	Peri Peri Chicken with Not So Spicy Rice	Roast Garlic Lemon and Herb Chicken with Roast Potatoes and Gravy	Madras Lamb Curry with Wholemeal Sunny Rice	Fish Fingers with Oven Baked Chips (F, G)
Main 2 – Halal	Home Baked Wholemeal Mozzarella & Tomato Pizza with Potato Wedges (G, M)	Halal Peri Peri Chicken with Not So Spicy Rice	Halal Garlic Lemon & Herb Roast Chicken with Roast Potatoes and Gravy	Halal Madras Lamb Curry with Wholemeal Sunny Rice	Fish Fingers with Oven Baked Chips (F, G)
Vegetarian Main	Stuffed Peppers with Rice with Salad (M)	Dhal and Jeera Rice	Roast Quorn with Roast Potatoes and Gravy (E,M)	Roasted Mediterranean Vegetable Pasta (G)	Quorn Vegan Dippers with Oven Baked Chips (G)
Jacket Potato	Jacket Potato topped with Tuna Mayonnaise (F) Cheese (M) or Baked Beans	Jacket Potato topped with Tuna Mayonnaise (F) Cheese (M) or Baked Beans	Jacket Potato topped with Tuna Mayonnaise (F) Cheese (M) or Baked Beans	Jacket Potato topped with Tuna Mayonnaise (F) Cheese (M) or Baked Beans	Jacket Potato topped with Tuna Mayonnaise (F) Cheese (M) or Baked Beans
Vegetables	Peppers Sweetcorn Daily Salad Choice	Sweetcorn Green Beans Daily Salad Choice	Baby Carrots Green Cabbage Daily Salad Choice	Sweetcorn Broccoli Daily Salad Choice	Garden Peas Baked Beans Daily Salad Choice
Sandwich of the day	Tuna Mayonnaise Baguette (F, G)	Cheese Wholemeal Roll (G, M)	Salmon and Cucumber Wholemeal Roll (G, F)	Chicken Salad Wholemeal Roll (G)	Free Range Egg Mayonnaise Wholemeal Roll (E, G)
Dessert	Fresh Fruit, Fruit Yoghurt, Crackers and Cheese (M, G)	Fresh Fruit, Fruit Yoghurt, Crackers and Cheese (M, G)	Fresh Fruit, Fruit Yoghurt, Crackers and Cheese (M, G)	Fresh Fruit, Fruit Yoghurt, Crackers and Cheese (M, G)	Fruit Smoothie, Fresh Fruit, Fruit Yoghurt, Crackers and Cheese (M, G)

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